



## Healthy Eating at School – Stage One: Morning Breaktime Snacks

As you know, our school is embarking on an exciting **Healthy Eating Initiative** to help our pupils make positive food choices and develop healthy habits for life.

Stage one of this project has focused on **morning break-time snacks**. Recently, we've noticed that our playground bin has been filling up with **snack wrappers** each day — a clear sign that many children are bringing packaged snacks rather than fresh alternatives.

As you know, **children in KS1** already receive **free fresh fruit and vegetables each morning**, so they do not need to bring in snacks from home. To bring **KS2** in line with **KS1**, from **next week** we would like all morning snacks to be **fruit, vegetables, egg, cheese, or plain crackers** — with **no snacks in wrappers at all**.

This decision has been made in **consultation with the children**, through the **School Council**, and with **parents** who attended our recent **parent information sessions**.

Thank you for your support as we work together to help our pupils **eat well, feel well, and reduce waste** across the school.

## Wood Chippings Fun in Nursery and Reception!

Bertie and Primrose's family kindly donated a huge pile of wood chippings for Nursery to help with the mud! At first, we didn't spread them out because the children were having so much fun climbing up and down the heap. They even created a "volcano" by digging a hole in the middle with shovels and pouring in buckets of water to make "lava"! The chippings were warm, which made it even more exciting to explore. Eventually, we transported them to other areas of the garden. It was all fabulous fun – and fantastic for upper body strength and gross motor development!



## Polling Station

We would like to make parents aware that our Music Room will be used as a **polling station** on **Thursday 13th November**.

The vote will ask:

*"Do you want Herefordshire Council to use the Neighbourhood Plan for Dormington and Mordiford Group to help it decide planning applications in the neighbourhood area?"*. Please show your support for this plan which includes proposals for a new hall on our school site.

School will be running as normal on this day, including **Breakfast Club** and **After School Club**. When dropping off from Breakfast Club, please ensure you walk your children into the hall and hand them over to a member of staff. Thank you.

## Poppy Appeal

We have a wide range of merchandise from the Poppy Appeal available to buy from the School Office. Please join us for our remembrance service at **9am on Tuesday 11th** in Holy Rood Church.



## A Huge Thank You to Our PTFA!

A big **thank you** goes to our wonderful **PTFA team**, who are working hard to organise fun events for all our children to enjoy.

We're delighted to share that the PTFA will once again be **subsiding our theatre trips** this year:

- **KS1** will be heading to **Worcester** to see the **Pantomime Sleeping Beauty** on **15th December**.
- **KS2** will be travelling to **Cardiff** in the new year to enjoy the **musical Mary Poppins** on **8th January**.

In addition to these exciting experiences, the PTFA are also contributing to our **Creative Arts budget**, helping to support **Music in KS2** and **Dance in KS1 and Reception**. Their generosity makes such a difference to the range of opportunities we can offer our pupils — thank you! We do hope you'll be able to **support the Christmas Fayre this term** and join us for the **new, sparkly Christmas Disco Party** on **4th December!**

Your support helps make these wonderful opportunities possible — thank you, PTFA! For more information see attached letter from the PTFA.

## Dates for your Diary



Date	Time	Event
Tues 11th Nov	9:00 -9:30	Remembrance Service in Holy Rood Church led by Y6
Wed 12th Nov	13:30 -18:00	KS1 Parent Meetings
Thurs 13th Nov	9:00 - 9:30	Y3 Class Assembly
Wed 19th Nov	8:45 –15:30	Y3 Trip to Bishops Wood Field Centre
Thurs 27th Nov	9:00 - 9:30	Y2 Class Assembly
Thurs 27th Nov	18:30 -21:00	PTFA Wreath Making Evening
Thurs 4th Dec	See Poster	Festive Disco
Sat 6th Dec	13:00-16:00	PTFA Christmas Fayre
Tues 9th Dec	13:30 –14:30	KS1 Christmas Show
Wed 10th Dec	09:30—10:30	Reception and Preschool Nativity
Wed 10th Dec	13:45-14:45	Reception and Nursery Christmas Party
Mon 15th Dec	11:45 –16:45	KS1 Theatre Trip—Sleeping Beauty at Worcester Swan
Wed 17th Dec	13:30 –14:30	KS2 Carol Service
Fri 19th Dec		Last day of term 1 (no twilight club)

### School Nurse Visit

Dragons' Nursery had a visit from the Community Nursery Nurse, this week.

Becca told us about how the Health and Education sectors will be working more closely together to support your children's development and wellbeing.

Each term Becca will be visiting nursery to work alongside staff and offer advice where needed.

If you have any questions or concerns about your child's health, development or wellbeing, please don't hesitate to speak to a member of the nursery team - we're always here to help.



### Well Done from Mordiford School

Georgia, mum to Poppy in Year 2, was part of a group of 20 women who conquered Everest Base Camp, raising money for Herefordshire Mind, Scotty's Little Soldiers, and Matti Nepal. It's an incredible achievement — they all made it safely despite challenging weather on the descent that required helicopter airlifts and some very questionable accommodation!

A huge well done from everyone at Mordiford — what an inspiring accomplishment!



### Reminder—Cauliflower Christmas Cards

Just a reminder that all artwork where orders have been placed must be returned to school by: **10th November.**

### Festive Disco—Thursday 4th December

We understand that busy events can sometimes feel a little overwhelming, so during our festive disco there will be a designated quiet room available with Mrs Griffith. Children can use this calm space at any time if they need a sensory break or simply a few moments to recharge before rejoining the fun.

If arriving through the main entrance feels too overwhelming, children are welcome to come in through the Year 3 entrance, where Mrs Griffith will be there to meet them. If you would like to make use of this option, please add a note when booking your disco tickets.



### A Prayer for Wisdom and Understanding

Dear God,  
 Thank You for loving me and helping me learn every day.  
 Please give me a heart that listens, understands, and makes good choices.  
 Help me to be wise in what I say and do,  
 kind to others, and ready to learn from You.  
 When I don't know what to do,  
 remind me to ask You for guidance and trust Your answers.  
 Thank You for giving me a mind to think  
 and a heart to love.  
 Amen.



# FESTIVE DISCO

THURSDAY 4TH DECEMBER



You're invited to wear your festive party outfits to school for the day to get in the festive spirit!

Ks1 &  
Reception

4:30-5:30

Ks2

5:45-6:45

**£7.50**

Includes jingle card pass which unlocks 5 magical treats for each child

\*Glitter station

\*Glow shop

\*Lucky dip

\*Tuck shop

\*\*sibling discount\*\*

2 siblings £12.50

3 siblings £18.50