

The Mordiford Mail

Forest School

Wye class have enjoyed another trip to Forest School this week. They have been using a range of tools to complete some woodworking projects. It has been great to see the class working and playing together cooperatively.



We are so lucky to have the beautiful backdrop of Haugh Wood on our doorstep. Did you know these 850 acres of woodlands are nationally important for butterflies and moths, with over 600 species recorded within it? This makes the wood one of the top 10 woods in the country and is designated as a SSSI due to the presence of these invertebrates.

The changing colours of Autumn draw us in and I am delighted to see that children in Year 3 have been able to do Forest School this week.

The Japanese have a term 'shinrin-yoku' that means 'taking in the forest atmosphere'. Researchers, primarily in Japan and South Korea, have established a robust body of scientific literature on the health benefits of spending time under the canopy of a living forest.

So exploring the forest isn't just for adventures or learning about nature. Apart from the obvious benefits of fresh air and exercise, studies suggest that the scents of the forest can reduce stress, lower blood pressure, give you a better state of mind and a more active brain. It's no wonder that our children are enjoying their Forest School so much.

So if you're at a loss and feel in need of a 'lift' over the weekend, put on your boots and wend your way into the forest!

Governor Feature

Chris is the Rector of the church in Mordiford, and is part of the church links we have as a school. He often leads collective worship with our children. He is married, and has five sons – three at university, one teaching Classics and one spending most his time working as a sound engineer at The Courtyard. He was born in Dagenham in Essex, and brought up in Romford. His wife, though, was born in Hereford and has more claim to be a local! Before becoming a vicar, Chris worked as a Chartered Surveyor in Bristol. With his local knowledge and training, Chris helps governors with matters relating to the grounds and buildings amongst many other things.



Stars of the Week



Well done to...

Nyla, Megan, Blayze, Lydia, Leo, Carter
and Freya

Awards

Well done to Charlie in Wye Class who was awarded the Cup of Kindness today.

We have a new reading award:

Well done to Erin this week for her amazing reading journal.

Titanic Afternoon Tea

Monnow class dressed up again on Thursday as first or third class passengers. The children spent the day making sandwiches and cupcakes for their tea party. The children were served by extremely experienced waiters and waitresses.



School Lunches

The Lunch Menu for after half term is no live on ParentPay. Please ensure that any school lunches for after half term are ordered by Wednesday 20th October at 23.59. Thank you.

Afterschool Clubs

Please keep an eye out for the letter regarding clubs, which we hope to start after half term.

Prayer Corner



Dear Lord,

Use my eyes to **see** new friends.
Open my ears to **listen** to my teacher.
Open my mind to **learn** new things.
Let my heart **remember** you are always near
when I am afraid.
Help me to **love** others like you do.
I want to **shine** your light so bright in my school.

 **Amen**

PTFA—Wear What You Like Day



Mordiford
C of E
Primary
School

Trick or Treat Wear what you like day!



~ Wear what you like spooky or not

~ Treat bag for each child

~ Carved Pumpkin Parade (Carve a pumpkin at home, children bring them in and place them on the footpath along the field/carpark fence)

~ find our pumpkin faces hidden around outdoor spaces at school to win an extra surprise

~ Some extra breaktime fun

Friday 22nd October