

Mordiford School - SRE coverage by year group

Year 1

- Will be talking about the process of growing from young to old - What they can do now and how this will change as they grow up and then older.
- Learning and using the correct terminology for all parts of the body.
- Discussing our families, who is in them and how we all have to try to get along.

Year 2

- Talk about how what we need will change as we grow older and our tastes/friendships etc will change.
- Recap what they learned in Year 1 about the biological terms for the main body parts.
- Talk about themselves and other people and how we are all different and can support one another in many ways.
- Discuss how baby animals are born and how their mothers look after and nurture them to allow them to grow into healthy adults.
- Talk about the changes which happen in a family when a new baby is born and the effects this might have on other family members, eg tired parents.

Growing Up

- All living things, including us, grow and change
- Different changes happen
- Recognise that we are all special

Mordiford School - SRE coverage by year group

Year 3

- Discuss changes in our bodies as we go through puberty and that boys and girls experience different changes and we all experience this.
- Talk about the development of a baby in the womb and how it grows from a tiny egg to a fully formed baby ready to be born.
- Talk about their own family, its structure and how this will be very different from person to person.
- Being respectful of one another and allowing each other to talk in a safe environment, where no one will criticize or ridicule. Everybody's comments and questions are valued, as long as they are not offensive.

Changes

- Changes during puberty
- Changes we can and can't control and our choices.

Mordiford School - SRE coverage by year group

Year 4

- Discuss changes in our feelings and emotions as we go through puberty. They may differ from person to person, but everyone is likely to feel some emotional change.
- Talk about the process of a human birth and what happens. Children will watch a video of this.
- Discuss all the different types of relationships we have now and may have in the future. Talk about those we know about but haven't experienced.
- Recognise what is meant by stereotypes and learn how to challenge these. That everyone lives different lives and that this is OK in society.

How Babies Are Born

- How babies are born
- Consider the needs of babies before and after birth

Year 5

- Recognise the changes boys and girls go through during puberty and that they are different, but getting them ready for adulthood.
- Discuss sexual intercourse and what this means. Include different sexual relationships, eg same sex relationships.
- Talk about the need for safe sex and the need for contraception to stop unplanned pregnancy or STDs.

How Babies Are Made

- What happens during conception
- Different relationships, including friendship, parent/child, family relationships and adult sexual relationships.

Girls Talk

- Consider the physical and emotional changes that take place as girls go through puberty
- Address worries and concerns of young women
- Make boys more aware of the changes that occur as girls become young women

Boy Talk

- Consider the physical and emotional changes that take place as boys go through puberty
- Address worries and concerns of young men
- Make girls more aware of the changes that occur as boys become young men

Year 6

- Talk about the ways of coping with the changes which will occur during puberty both physical and emotional. What they can do to help and who they can go to for help or advice.
- Discuss sexual relationships and how to identify a positive example.
- Recognise the importance of valuing ourselves so that we don't become involved in negative sexual experiences or relationships. Again, discuss who we could turn to for help and advice if we find ourselves in this situation.
- Recognise that our actions have consequences, some good and some bad and that we need to be aware of this if we want to have happy, healthy relationships.

Mordiford School - SRE coverage by year group

- A question and answer session, where the children can ask questions of the adults in class and the adults can reply honestly and openly.

Let's Talk About Sex

- Think about how sex is presented in the media
- Think about sexual stereotyping
- Reassure that changing emotions are a normal aspect of puberty