

	Week 1	Week 2	Week 3
Monday			
Main	Jacket potato/tuna/cheese/beans/ cucumber sticks	Wholemeal cheese/tomato pizza/salad/potatoes	Herefordshire beef burger/ bun/ salad/ potatoes
Veg	As above	As above	Veggie burger
Wrap/Sandwich	Sweet chilli chicken	Bacon/Lettuce/Tomato	Cheese/cucumber
Dessert	Fresh fruit medley	Cheese/Biscuits/Cucumber sticks	Fruit crumble and custard
Tuesday			
Main	Baked chicken bites/ rice/ veg/ sweet&sour sauce	Pasta/meatballs/peas/sweetcorn/crust bread	Jacket potato/ cheese/ beans/ sausage/ cucumber/ carrot
Veg	Veggie nuggets	Veggie ravioli	As above
Wrap/Sandwich	Tuna/mayo/sweetcorn	Sausage/salad	Sausage/tomato
Dessert	Fruity jam sponge/cream	Fresh fruit medley	Fruity flapjack
Wednesday			
Main	Toad in the hole/ saute potatoes/ veg / gravy	Baked ham/salad/potatoes	Baked chicken/salad/potatoes
Veg	Veggie toad in the hole	Cheese/bean puff	Vegetable pasty
Wrap/Sandwich	Ham/salad	Egg/mayo/cress	Ham/egg
Dessert	Fruity jelly/cream	Fruit mousse	Fresh fruit medley
Thursday			
Main	Traditional roast pork	Traditional Chicken lunch	Traditional roast beef lunch
Veg	Cheese/tomato pasta	Veggie pasta bake	Broc/Cauli bake
Wrap/Sandwich	Cheese/salad	Cheese/Tomato	Tuna/mayo/cucumber
Dessert	Pineapple flapjack	Surprise dessert	Fruity choc brownie
Friday			
Main	Jumbo fish finger/chips/ pasta/ beans	Fishy stars/chips/pasta/sweetcorn/peas	Mini fish fingers/chips/pasta/ beans
Veg	Cheese/onion pasty	Veggie nuggets	Jacket potato/ cheese/ beans
Wrap/Sandwich	Chicken/salad	Ham/salad	Chicken/bacon/mayo
Dessert	Ice-cream	Ice-cream	Ice-cream