

Happy, bring me down
Can't nothing, bring me down
Love is too happy to bring me down
Can't nothing, bring me down
I said bring me down
Can't nothing, bring me down
Love is too happy to bring me down
Can't nothing, bring me down
I said

Because I'm happy
Clap along if you feel like a room without a roof
Because I'm happy
Clap along if you feel like happiness is the truth
Because I'm happy
Clap along if you know what happiness is to you
Because I'm happy
Clap along if you feel like that's what you wanna do

Pharrell Williams - Happy Lyrics

Family Values



Earn 10 Family Values House Points

Happy New Year to everyone!
Have you made any New Year's resolutions? I think at the start of each new year we all hope for happiness throughout the year for our families and friends.
What makes you happy?

Keep a month long record to share ONE act of kindness or ONE pleasant activity per day. You might call it your "Happiness Project" or "Happiness Diary."
These activities might include helping with dishes, letting someone else go first, going out of the way for a friend, taking care of an animal, hugging someone to make them feel better, etc. Or they might include visits to places and experiences that make us feel good, like visiting grandparents or the park. Bring in your diary to share.

Collect a blank bunting triangle from me to draw your hopes for the year ahead and we will display the finished bunting around school to make us all happy.
Have fun!!

Best Wishes Miss Finney

How can we spread a little happiness...?

- Whenever you see someone wearing a nice outfit, or doing something well give her/him a compliment. This always brings a smile to their face and gives you a nice feeling. It's a little thing but can really light up someone's day when they are feeling down.
- Tidy up your bedroom without being asked by a parent. Your parents will be proud of your responsibility and chances are you'll enjoy having a clean room!
- Encourage someone who needs it. Whether it's a friend, sibling, parent or grandparent, a little recognition could make a world of difference in their lives. Let them know that you are thankful for them and that you appreciate having them in your life. You can encourage someone with words, a hug, a gift or even an email or phone call. It is so simple to do; act now and go encourage someone!

What ideas do you have?

**Our Value this
month is ...
Happiness**

**"The most worth-while thing is to try
to put happiness into the lives of
others."**

Robert Baden-Powell

**"Happiness is not something readymade.
It comes from your own actions."**

Dalai Lama

Psalm 37:4

**"Delight yourself in the LORD,
and he will give you the desires of
your heart."**