

## Family Values

### Our Christian Value of the month is...



## Togetherness

God's dream is that you and I and all of us will realise that we are family, that we are made for togetherness, for goodness, and for compassion.

Desmond Tutu

Adinkra Symbols are symbols used traditionally in West Africa. The Adinkra symbols express various themes that relate to the history, beliefs and philosophy of the Asante people. They mostly have rich proverbial meaning since proverbs play an important role in the Asante culture.

The use of Proverbs is considered as a mark of wisdom.

Other Adinkra symbols depict historical events, human behaviour and attitudes, animal behaviour, plant life forms and shapes of objects.

**This is the Adinkra symbol for cooperation and interdependence, it is called**

**Boa me na me mmoa: help me and let me help you.**

**Can you design your own Adinkra symbol for togetherness, give it a name and a proverb. Bring in your design and earn 10 Family Values house points for your house.**



“In our togetherness (as a team), castles are built.”

Irish Proverb

### What does togetherness mean?

- Working together for a shared goal
- Partnerships
- Pooling skills and talents for a joint task
- Being prepared to give and take— appreciation of each other's contributions
- Compromise and coordination
- Getting on with other people
- Appreciation of the specialness of each individual
- Needing each other
- Can you think of others to add to the list ?

### Some ideas to help us be more together...

*Listen* carefully to others and be sure you understand what they are saying.

*Share* when you have something that others would like to have.

*Take turns* when there is something that nobody wants to do, or when more than one person wants to do the same thing.

*Compromise* when you have a serious conflict.

*Do your part* the very best that you possibly can. This will inspire others to do the same.

*Show appreciation* to people for what they contribute.

*Encourage people* to do their best.

*Make people feel needed.* Working together is a lot more fun that way.